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WHAT TO EXPECT AFTER HAVING ROOT CANAL THERAPY

- Typically you will experience some discomfort for two to three days. Following this period the tooth may still be tender to chewing for a few more days. Usually the amount of pre-treatment pain is a good indicator of the amount of discomfort you will experience following the root canal procedure. While this is normal, it is not uncommon to be sore for up to two weeks. As long as the tenderness is gradually getting better, you should not be concerned.
- The discomfort you do experience is due to inflammation of the Periodontal Ligament, which is between the tooth and the bone. This was inflamed prior to the root canal treatment, and the procedures performed today also caused some inflammation to occur.
- Try to avoid chewing on the treated tooth for a few days so that the inflammation will hopefully subside more quickly.
- **It is very important that you take the Ibuprofen as directed, even if you aren't experiencing any discomfort. If you are unable to take Ibuprofen, then take 2 tablets (equal to 1000mg) of extra strength Tylenol, every 4 to 6 hours today and the next few days.**

The Ibuprofen does two things for you:

1. It serves as pain medication and thus decreases any discomfort.
 2. It is a strong anti-inflammatory medication, so it speeds the healing process
- **Remember, if we have placed a temporary filling, it is important that the tooth is permanently restored to prevent it against fracture and decay within 4 weeks after your root canal treatment. Otherwise, the long-term success of the root canal treatment will be compromised and may need to be retreated at an additional cost to you.**



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If you have questions or concerns feel free to call us during office hours at **512-252-7645**.

If you call after hours, choose option **#5**.