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Oral Surgery Post-Operative Instructions

BLEEDING:

1. Keep gauze pack in place for 30 minutes with constant, firm pressure.
2. Keep head elevated and rest.
3. Do not suck or spit excessively.

Note: Some oozing and discoloration of saliva is normal. If bleeding persists, replace gauze used to stop bleeding, with fresh gauze. Place the folded gauze over the extraction site and maintain pressure for 1 hour. If none of these methods stop the bleeding or if the blood appears to be excessive and bright red, call Dr. Gentry at (512)252-7645 wait for message and PRESS 5.

Only: If ***excessive bleeding*** occurs moisten a tea bag and place at extraction site and apply pressure for 15 minutes and discard tea bag.

SWELLING: Ice bag or cold compresses may be applied to the region of the surgery for 10 minutes per 1/2 hour for the first 8-12 hours. This may help control some swelling and pain. **NOTE:** Ice bags or cold compresses should ***ONLY*** be used the day of surgery.

PAIN: Take prescribed tablets or what you would normally take for a headache and rest. 500mg Acetaminophen (Tylenol) and 600-800mg Ibuprofen every 8 hours.

DIET: Follow your normal diet (you may have to grind up your food).

THE SECOND DAY AFTER

1. Brush teeth carefully
2. Use warm salt water rinses
3. Continue pain medication if needed
4. If antibiotics are prescribed, be sure to take all of the prescription.
5. If you have any questions or concerns regarding your treatment, please feel free to call Dr. Gentry at (512)252-7645 after hour's PRESS option 5.

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